



Group Class Timetable Mar/Apr 2019

Monday

| Time | Type | Instructor | Dates |
|--------|-------------|------------|----------------------|
| 9.15am | Mixed | Arantzasu | Mar 18,25 Apr 1,8,15 |
| 5.30pm | Mixed | Amber | Mar 18,25 Apr 1,8,15 |
| 6.35pm | Mixed | Amber | Mar 18,25 Apr 1,8,15 |
| 7.45pm | ManGo 45min | Nick | Mar 18,25 Apr 1,8,15 |

Tuesday

| Time | Type | Instructor | Dates |
|--------|-------|------------|----------------------|
| 9.15am | Mixed | Kim | Mar 19,26 Apr 2,9,16 |
| 5.30pm | Mixed | Kim | Mar 19,26 Apr 2,9,16 |
| 6.35pm | Mixed | Kim | Mar 19,26 Apr 2,9,16 |

Wednesday

| Time | Type | Instructor | Dates |
|---------|-------------|------------|------------------------|
| 9.15am | Mixed | Arantzasu | Mar 20, 27 Apr 3,10,17 |
| 12.15pm | ManGo 45min | Nick | Mar 20, 27 Apr 3,10,17 |
| 5.30pm | Mixed | Kim | Mar 20, 27 Apr 3,10,17 |
| 6.35pm | Total Barre | Alysha | Mar 20, 27 Apr 3,10,17 |

Thursday

| Time | Type | Instructor | Dates |
|---------|-------------|------------|-----------------------|
| 9.15am | Level 1 | Amber | Mar 21,28 Apr 4,11,18 |
| 12.05pm | Mixed | Kim | Mar 21,28 Apr 4,11,18 |
| 5.45pm | ManGo 45min | Nick | Mar 21,28 Apr 4,11,18 |
| 6.45pm | Mixed | Amber | Mar 14,21,28 Apr 4,11 |

Friday

| Time | Type | Instructor | Dates |
|---------|-------------|------------|--------------------|
| 12.30pm | Total Barre | Alysha | Mar 22,29 Apr 5,12 |

Saturday

| Time | Type | Instructor | Dates |
|---------|-------------|------------|-----------------------|
| 9am | Mixed | Amber | Mar 9,16,23,30 Apr 6 |
| 10.15am | Total Barre | Alysha | Mar 16,23,30 Apr 6,13 |

* All classes are 55mins unless stated otherwise.